

Friday Hiking



Views on the Catherine Creek hike with grass widows blooming in March

The following hiking schedule is weather and Coronavirus dependent. Early hikes may require driving yourself to the trailhead due to social distancing.

NEWCOMERS' FRIDAY HIKES 2020

(Revised – 05/04/20)

The following hiking schedule is weather and Coronavirus dependent. Hikes may be changed or canceled due to trail closures so be sure to let the hike coordinator know if you plan to hike so you can be notified of any changes. Rained-out hikes may be completed later in the fall if the weather holds. Email [Vicki Holman](#) if you want to be put on the Friday Hikers email list.

If you plan to hike please call or email the hike coordinator

a day or two in advance hike AND LEAVE YOUR PHONE/CELL PHONE NUMBER. Due to the Coronavirus we will plan to meet at the trailhead and not carpool to the hikes. If you wish to carpool or are willing to carpool let the hike leader know and you will be notified if anyone else wants to rideshare. The hike leader for each hike will advise the time to meet at the trailhead. Plan to have a mask available and maintain social distancing on the trail. Hiking boots are recommended for most hikes. If you have any doubts or questions about the hike discuss them with the hike coordinator prior to the scheduled hike.

Our policy is to carpool from the local meeting location to the trailhead. It is suggested the passengers contribute to the driver an approximate rate of \$.25/mile/vehicle as fuel reimbursement. If a hike has options please let the hike coordinator know your plans. Hikers should carpool together based on length of hike they intend to make. Early hikes may require driving yourself to the trailhead due to social distancing.

Golden Age Passport/Interagency Senior Pass & NW Parking Pass are interchangeable. The Discover Pass needed for Hamilton Mountain, Hardy Ridge, Dog Mountain, and Silver Star from the Gross Vista Trailhead is a separate pass.

5/1 NO MAY HIKES – “Stay at Home” in effect until May 31

5/8 HIKE CANCELED Gifford Pinchot – FALLS CREEK FALLS. Moderate 7.5 mi. or 5 mi. loop, 1040 ft. elevation gain. Walk through forest to top of falls, then down a slope to a spectacular triple-tiered waterfall with a 250 ft. fall. Stream crossing. Drivers need a NW parking pass. If going to top of falls (2 mi RT?) Carpool by the length of hike you intend to make. Potholes on road. Meet 8:00 at Pendleton Mills parking lot SW Corner, Washougal (approx. 100 miles, 7-8 hours) Contact **Dave Britton** if you plan to hike.

5/13 HIKE CANCELED (Wednesday hike) Columbia Gorge – DOG MOUNTAIN. Strenuous 7 mi. loop, 2900 ft. elevation gain. Optional shorter hike to first overlook. Usually quite cool and windy on top. Steep, open slope to traverse and quite slippery if wet. Beautiful wildflowers. Drivers need a NW Parking Pass. Meet 8:00 at Pendleton Mills parking lot SW Corner, Washougal Contact [Dave Britton](#) if you plan to hike.

5/22 NO HIKE Memorial Day Weekend

5/29 HIKE CANCELED Mount Hood – CENTRAL SALMON RIVER/SALMON RIVER CANYON. Moderate 7.2 mi. RT, 900 ft. elevation gain. Hike upriver through old growth Douglas fir forest, then uphill to spectacular views of Salmon River's huge canyon land. Drivers need a NW parking pass. Meet 8:00 at Fred Meyers, 11325 SE Mill Plain Blvd & Chkalov, SW side by gas station. (approx. 90 miles, 6 hours) Contact [Cathy Darragh](#) if you plan to hike.

6/5 Gifford Pinchot National Forest – TARBELL TRAIL TO HIDDEN FALLS. This trail is part of the Bells Mountain/Tarbell Trail. Moderate 10 mile out and back, 1100 ft. elevation gain. Walk through woods down to Hidden Falls. Drivers need Discover Pass. Meet 8:00 at the Albertson's Parking lot on 20th Ave, north of 134th, at the Starbucks end or The Battle Ground Safeway at 8:15. Contact [Dave Britton](#) if you plan to hike.

6/12 Mt. Hood -TOM DICK MOUNTAIN. Moderate 8.4 mi. RT, 1500 ft. elevation gain, last few hundred yards are steep and rocky. Beautiful views of Mt. Hood. Drivers need a NW parking pass. (approx. 95 miles) \$5.00 parking fee. Meet 8:00 at Fred Meyers, 11325 SE Mill Plain Blvd & Chkalov, SW side by gas station. Contact [Carol Frizzell](#) if you plan to hike.

6/19 Columbia Gorge – DRY CREEK FALLS/HERMAN CREEK PINNACLES. Moderate 8 mile out and back, 700 ft. elevation gain. Hike through forest to Dry Creek Falls, on to the rock spires and a creek with a small waterfall. (approx. 78 miles, 6-7 hours)

Drivers need a NW parking pass. Meet 8:00 at Fred Meyers, 11325 SE Mill Plain Blvd & Chkalov, SW side by gas station. Contact [Bill Baird](#) if you plan to hike.

6/26 Columbia Gorge – HAMILTON MOUNTAIN. Moderate to strenuous 9.4mi. loop, 2100 ft. elevation gain, steep with open cliffs. Option of switchback avoidance going up the road, meeting group at the saddle & returning Don's trail. Drivers need a Discover Pass. Meet 8:00 at Pendleton Mills parking lot SW Corner, Washougal. Contact [Joan Powell](#) Joan Powell 360-601-7499 or 360-260-7404 trjhpowell@gmail.com if you plan to hike.

7/3 NO HIKE July 4th Weekend

7/10 Gifford Pinchot – SIOUXON CREEK. Moderate, 9 mi. loop, 700 ft. elevation gain. A few short sections with drop-offs, and a stream to cross on rocks. Beautiful hike with stream, waterfalls, old Douglas firs and cedars. Streams may have giardia. Road has numerous potholes. Meet 8:00 at the Albertson's Parking lot on 20th Ave, north of 134th, at the Starbucks end or at the Mt. St. Helens Ranger Station at 8:30. (approx. 94 miles, 6 ½ hours). Contact [Cathy Darragh](#) if you plan to hike.

7/17 Mt Hood – BURNT LAKE/ZIG ZAG MOUNTAIN. Strenuous 9.6 mi. RT, 2370 ft. elevation gain. (Optional moderate 6.8 mi. RT, 1500 ft. elevation gain to Burnt Lake). Trailhead to lake is moderate; climb beyond lake is more strenuous. Great views and some steep cliff-side drops. Hikers should carpool together based on length of hike they intend to make. Potholes have been repaired. Drivers need a NW parking pass. Carpool by the length of hike you intend to make. Meet 8:00 at Fred Meyers, 11325 SE Mill Plain Blvd & Chkalov, SW side by gas station. (approx. 100 miles, 8-9 hours) Contact [Carol Frizzell](#) if you plan to hike.



7/24 Columbia Gorge – HARDY RIDGE. Difficult 8.5 mile loop, 2200 ft. elevation gain. Hike an equestrian trail to a rocky ridgetop wildflower garden that overlooks the Columbia River, Beacon Rock and Hamilton Mtn. Drivers need Discover Pass. Meet 8:00 at Pendleton Mills parking lot SW Corner, Washougal. Contact [Ruth Flemming](#) if you plan to hike.

7/31 Mt. Hood – MCNEIL POINT. Strenuous, 10 mi. RT, 2300 ft. elevation gain. Spectacular wildflowers and possible flies. Suggest bringing jungle juice (regular insect repellent is not effective against flies). The last portion of the hike to McNeil Point has a very steep section and might have a snowfield to traverse. Drivers need a NW parking pass. Meet 8:00 at Fred Meyers, 11325 SE Mill Plain Blvd & Chkalov, SW side by gas station. Contact [Joan Powell](#) if you plan to hike.

8/7 Columbia Gorge – LARCH MOUNTAIN. Moderate 6.4 mi. loop, 1300 ft. elevation gain. Uphill walk through old volcano crater with old-growth forest, meadows and a mossy creek. Famous panoramic viewpoint atop 4055-foot volcanic peak. Drivers need a NW parking pass. **Hike Leader TBD.**

8/14 Mt. Hood – RAMONA FALLS. Moderate 7 mi RT with 1000 ft elevation gain to Ramona Falls. Great views of Mt. Hood. River crossing on logs since bridge is out. Drivers need a NW parking pass (approx. 109 miles, 6 ½ hours). Contact [Bill Baird](#) if you plan to hike.

8/21 Mt. Hood – ELK MEADOWS. Moderate 6.8 mile RT, 1200 ft. elevation gain. Hike the southeast flank of Mt. Hood along stream, (stream crossing) to old shelter in alpine wildflower meadow. Drivers need a NW parking pass. (approx. 133 miles, 7 ½ hours) (Possibly go or return via Hood River). Contact [Penny McLaren](#) if you plan to hike.

8/28 Mt. St. Helens – APE CANYON. Strenuous, 11.6 mi. RT, 1300 ft. elevation gain. Trail climbs along old growth forest ridge by mile wide mudflow to Plains of Abraham with mountain views. Drivers need a NW parking pass. **Hike Leader TBD.**

9/4 NO HIKE Labor Day Weekend

9/11 SW Washington – SILVER STAR MOUNTAIN via GROUSE VISTA Trailhead. Difficult 7.5-9 mile loop with 2300 feet elevation gain to Indian Pits. Beautiful views. Drivers need a Discover Pass. Contact [Judi Whiting](#) if you plan to hike.

9/18 New Hike or SW Washington – RED ROCKS PASS TOUTLE TRAIL #238A. This moderate trail in Mt. St. Helens Monument area goes through lava flows to meadows with huckleberries to mixed forest damaged by snows. It is about 8 miles round trip with a 1700' elevation gain. Rough road to trailhead. Drivers need a NW parking pass. (approx. 100 miles from Albertson's; approx. 80 miles from Safeway, 8 hours). **Hike Leader TBD.**

9/25 Columbia Gorge – CAPE HORN. Moderate 7.8-mile loop, 1200 f.t. elevation gain. Columbia Gorge views. Loose rocks and steep drop-offs on some portions of trail. (Moderate 5.2 mile RT to Russell Overlook or 7.4 mile RT to underpass option). Contact [Penny McLaren](#) if you plan to hike.

October hikes will be scheduled if the weather is good and we have hike coordinators for them. Rained out hikes may be scheduled in October.